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www.himalaya.restaurant

FREE WIFI

10% DISCOUNT ON COLLECTED ORDERS OVER £10

LOCAL VILLAGES OUTSIDE 3 MILES WELCOME WHEN EVER POSSIBLE

FREE HOME DELIVERY ON ORDERS OVER £15
WITHIN A 3 MILE RADIUS

Private party room for groups up to 50 with budgets to suit everyone.
please tell us.

For 36 years our philosophy has been to create good quality
hand-made food, consistently. We cook to order using only
the best, freshest ingredients and spices. Oil and butter is kept to
a minimum for a healthy meal without losing any flavours. If you
can't see your favourite or would like to add, omit or change an item

Himalaya
Indian & Bangladeshi Cuisine
Est. 1981



VEGETABLE SIDES v

Main Course version all £5.95

Vegetable Curry	3.50
Niramish dry vegetables	3.50
Bombay Alloo potato	3.50
Chana Bhaji chick peas in light spices	3.50
Cauliflower Bhaji	3.50
Mushroom Bhaji	3.50
Sag Bhaji spinach and garlic	3.75
Branjal Bhaji aubergine	3.75
Tarka Dall garlic lentils	3.75
Sag Alloo spinach and potato	3.75
Alloo Gobi potato, cauliflower	3.75
Alloo Gobi Sag potato, cauliflower and spinach	4.25
Sag Paneer spinach and cheese	4.25
Mater Paneer peas and cheese	4.25
Bhindi Bhaji okra	4.25
Chana Masala chick pea in mild sauce	4.25
Kurma / Curry / Madras Sauce	3.75

RICE & BREAD

Boiled Rice white basmati rice	2.35
Pilau Rice saffron rice	2.75
Onion Fried Rice	3.50
Egg Rice or Mushroom Rice	3.50
Coconut Rice	3.75
Vegetable Rice	3.75
Keema Rice spicy lamb mince	3.95
Special Rice sweet and savoury	3.95
Himalaya Rice lamb mince, peas, chilli	4.50
Plain Naan or Tandoori Roti G	2.25
Peshwari Naan G mild and fruity	2.75
Keema Naan G spicy lamb mince	2.75
Garlic Naan G	2.75
Paratha G	2.75
Cheese Nann or Chilli Naan G	2.75
Chilli Cheese Naan G	3.25
Himalaya Naan G lamb mince, garlic, chilli.	3.50
Stuffed Paratha G	3.25
Chapati or Puri G	1.75

ENGLISH & SUNDRIES

Chips	2.50
Crispy Fingers & Chips	7.95
Fried Chicken & Chips	7.95
Omlette & Chips Mushroom, chicken or prawn	7.95
Green Salad	2.50
Raita Plain, cucumber or onion	2.50
Pappadom Plain or spicy	0.70
Onion Salad, Mango or Coconut Chutney,	
Mint Sauce or Mix Pickle	0.70

DRINKS & DESSERTS

Coke / Diet Coke / Lemonade	1.5ltr	2.95
Cobra / Kingfisher / Magners	Large Bottle	3.95
House Wine Red/White French	70cl	8.95
Pinot Grigio Italian	70cl	9.95
Shiraz Australian	70cl	9.95
Zinfandel Rose USA	70cl	9.95
Kulfi or Sorbet Ask for flavours		2.95
Eggman Kids novelty ice cream with toy		3.50

OTHER RICE & NAAN COMBINATIONS AVAILABLE.

PLEASE ASK FOR OTHER DRINKS OR DESSERTS.

Opening Times

Monday - Thursday: 5.00pm to 11.30pm
Friday & Saturday: 5.00pm to 12 midnight
Sunday: 12 noon to 11.00pm

Private Function Room - Capacity up to 50
Tailor Made Set Meals for Parties or Groups
Lunchtime Opening for Group Bookings • Budgets to suit everyone
Outside Catering Service • Gift Vouchers Available

Himalaya Tandoori Restaurant,
74-78 North Street, Leighton Buzzard LU7 1ES

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www.himalaya.restaurant

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£20 MONEY OFF VOUCHER
TABLE BOOKINGS OF 8 OR MORE
OR TAKE AWAYS OF £100 OR MORE.
Delivery or collection.
Valid every day except Saturday.
Just complete this voucher and hand over when paying.
Expires 30/11/18

BANQUET NIGHTS
SUNDAY • WEDNESDAY • THURSDAY
ANY STARTER • ANY MAIN
ANY SIDE DISH • ANY RICE OR NAAN
£10.95
£3.50 extra for Seafood, Duck, Signature Dishes, Mix Grill and Lamb Chops.
Items with rice or naan count as 2 items.
Platters excluded • Dining in only

£10 MONEY OFF VOUCHER
TABLE BOOKINGS OF 4 OR MORE
OR TAKE AWAYS OF £50 OR MORE.
Delivery or collection.
Valid every day except Saturday.
Just complete this voucher and hand over when paying.
Expires 30/11/18

SHARING PLATTERS

Chefs Platter minimum 2 people pp 6.50
Chefs choice of 4 starters (veg and non veg)

STARTERS

Onion Bhaji	3.25
Samosa V G Lamb or Vegetable	3.25
Garlic Mushroom V	3.50
Chicken Chat or Alloo Chat V	3.95
Chicken Chat Puri G	4.50
Prawn Puri G	4.50
Crispy Chicken Fingers	4.50
Chicken Pakora G Chicken Tikka strips in batter	4.25
Fish Pakora G Bengali fish fillet in batter	5.95
King Prawn Puri G	5.95
Chicken Wrap G Sweet & Sour	4.50
Hot Strips C Grilled chicken and lamb with green chilli's	4.95
Tandoori Mix Kebab	4.95
King Prawn Butterfly	5.50
Seafood Stir Fry	5.95
Scallops	5.95

HEALTHY OPTIONS

TANDOORI / INDIAN BBQ

For those watching your waistline! Oriental method of barbecue marinated in our home-made yoghurt and a special blend of herbs and spices for 24 hours. Salad and mint sauce included.

	Starters	Mains
Chicken Tikka	3.95	7.50
Lamb Tikka	4.50	7.95
Tandoori Chicken	3.95	7.50
Sheek Kebab	3.95	7.50
Paneer Tikka V	4.50	7.95
Duck Tikka	5.95	10.95
Salmon Tikka	5.95	10.95
Lamb Chops	5.95	10.95
Tandoori King Prawn		12.95
Tandoori Mix Grill includes a plain naan		11.95
Shashlik Chicken	8.95	
With grilled onion, tomato and green pepper		
	Lamb or Paneer V	9.50
	Salmon	11.95
	King Prawn	13.95

CLASSIC DISHES

	Chicken / Vegetable V	Lamb	Chicken Tikka / Lamb Tikka / Prawn	King Prawn / Fish
Curry Medium Sauce	6.50	6.95	7.50	10.50
Madras C Hot Sauce	6.50	6.95	7.50	10.50
Vindaloo C Very Hot Sauce	6.50	6.95	7.50	10.50
Bhuna Thick, medium Sauce	6.50	6.95	7.50	10.95
Rogan Bhuna style with extra tomato	6.95	7.50	7.95	10.95
Kurma Very mild with cream & coconut	6.95	7.50	7.95	10.95
Pathia C Sweet & Sour, hot, touch of coconut	6.95	7.50	7.95	10.95
Dansak C Sweet & sour, hot with lentils & lemons	6.95	7.50	7.95	10.95
Sag Medium dry with spinach	7.50	7.95	8.50	11.50
Methi Medium herby/minty flavour with fenugreek	7.50	7.95	8.50	11.50
Ceylon C Madras hot with coconut	7.50	7.95	8.50	11.50
Balti Tanga medium gravy with kashmiri spices, included plain naan	8.50	8.95	9.50	12.50

SIGNATURE DISHES

SOME DISHES AVAILABLE IN KING PRAWN OR GRILLED DUCK - £11.95

Shobzi Silsila V	7.50
Chef's choice of vegetables stir fried with garlic and ginger, and finished with cream, coconut and coriander.	
Chilli Paneer V C	7.95
Indian cheese stir fried with onions and green pepper finished in a sweet chilli sauce.	
Alloo Dan	7.95
Grilled chicken pieces, spicy lamb mince and potato tossed together in a medium dry sauce.	
Bakara Chicken, Lamb or Prawn	7.95
Golden oldie. Medium thick gravy in chef's homemade garam masala grinded from 15 different spices - full of flavour!	
Sweet Chilli C Chicken, Lamb or Prawn	7.95
Spicy sweet thick sauce, unique flavour and taste.	
Kata Masala	7.95
Chicken or lamb shredded, pan fried with fresh ginger, light spices and coriander. For ginger lovers.	
Green Chilli C	8.50
Chicken, lamb or prawns in chef's home made green sauce made from chillies, capsicum, coriander, garlic, ginger, desi herbs and spices.	
Garlic Bhuna or Garlic Chilli C	8.50
Chicken, lamb or prawn cooked bhuna style with chef's special garlic sauce with fried garlic on top. Garlic Chilli is same dish but madras hot with green chilli.	
Naga C	8.50
Chicken, lamb or prawn with Bengali scotch bonnets in a madras hot curry.	
Mango Delight Chicken, Lamb or Prawn	8.50
Cooked in a mild fruity curry with alphonso mangoes, cream, almond and coconut.	
Butter	8.95
Chicken, lamb or prawn in a very mild curry with fresh cream and pure butter - tasty and nice!	
Hathkora C Chicken or Lamb	8.95
Cooked with a special citrus fruit from syhlet with desi spices, naga and green chillies. Hot with a strong lemony flavour.	
Shiraz Masala	8.95
Pulled tandoori chicken, spicy lamb mince, a touch of chilli and desi spices finished off in masala spices.	
Sag Paneer Pasanda	8.95
Chicken, lamb or prawn simmered with spinach, cream, coconut, cottage cheese and red wine. Mild, exotic dish.	
Laziz C	8.95
Chicken or Lamb with chick peas, onions, fried garlic and a touch of red chilli.	

Khofta Khana	8.95
Grilled lamb kebabs tossed in a bhuna style sauce with chat masala. Meatballs Indian style!	
Chom Chom Chicken	8.95
Grilled chicken strips in a bhuna style curry with fried garlic and cheddar cheese.	
Silsila Chicken, Lamb or Prawn	9.95
Cooked with fried garlic and ginger finished in a kurma style curry with lashings of coriander - our favourite! Spicy/hot optional.	
Pahrika	9.95
Pulled tandoori chicken simmered with spinach, mushrooms, lentils and desi spices and herbs, full of flavour.	
Shobta Biran	9.95
Stir fry of grilled chicken and lamb with mushrooms, onions, green pepper, garlic and a spatter of light spices, served dry.	
Shashlik Masala Spicy/Hot Optional	10.95
Chicken, onions, green pepper and tomato marinated in spices and grilled in a special oven, finished in a creamy masala sauce.	
Chingri Mix Sagzal C	10.95
King prawn, prawns, caramelised onions, garlic and spinach with a touch of green chilli - dry.	
Deshi Biriany	11.95
Shredded lamb, potato, mushrooms and chick peas stir fried with basmati rice and light spices. Comes with a medium vegetable curry.	
Sylhety Chicken C	11.95
Grilled tandoori chicken simmered with fried onions, green chillies and special spices then coriander and home-made yoghurt is added. Hot east Bengal favourite!	
Lamb Shank	11.95
Cooked in chef's own special style. Comes medium unless specified mild or hot.	
Seafood Cocktail	11.95
Medly of popular seafood in spinach, cream and coconut sauce.	
Chef's Sizzler C	12.95
Chef's choice of grills in balti and masala spices with onion, garlic, ginger and four types of chilli, only for chilli heads! Can't handle the heat? Chef can make it less hot.	
Deshi Jinga Bhuna S	12.95
Jumbo king prawns grilled in their shells in chef's special coriander and garlic bhuna sauce. Shells can be taken off.	
King Prawn Delight S	12.95
Grilled king prawns in a tomato based gravy with cream, coconut and almonds - mild.	

ALL-TIME FAVOURITES

ALWAYS GUARANTEED TO PLEASE!

Vegetable V	7.50
Chicken, Lamb or Prawn	7.95
Paneer Tikka	8.50
Tandoori Chicken	8.95
Fish Bengali Fish Fillet	9.95
Duck or Salmon	10.95
King Prawn	11.50

Masala

Spicy/Hot Optional

National favourite! Mild, tomato based with cream, coconut and almonds.

Korai

Medium dry with onions and green pepper finished with garam masala - very tasty!

Pasanda

Mild creamy with almond & coconut finished with red wine.

Jalfrizi

Hot spicy thick gravy with onions, green peppers, garlic, ginger & green chillies.

BIRIANY

A meal in itself! Indian stir fry lightly spiced with basmati rice. Served with a medium vegetable curry which can be ordered mild or hot.

Vegetable V	7.95
Chicken	8.50
Lamb	8.95
Chicken Tikka or Prawn	9.50
Paneer Tikka V or Lamb Tikka	9.95
Special Mix chicken, lamb and prawn	10.95
King Prawn, Duck or Fish	11.95
Seafood	12.50

FAMILY SUNDAY BUFFET

£8.95

EVERY SUNDAY - EAT AS MUCH AS YOU LIKE
12 NOON TO 5PM

All your favourites hot and displayed.
different dishes every week.

UNDER 10'S - £4.95 • UNDER 2'S - FREE

Bookings of 10 or more receive 10% discount on food bill

Valid on full price menu. Not to be used with buffet/banquet or any other discount offers or vouchers. Please complete and produce when paying bill.
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